

COUNCIL OF C.B.S.E AFFILIATED SCHOOLS IN THE GULF

GULF SAHODAYA EXAMINATIONS (SAUDI CHAPTER)

February--2009

Subject: Home science

Grade: XI

Max marks: 70

Time: 3hrs

General Instructions:

i. All questions are compulsory.

ii. Marks for each question are indicated against it.

iii. Read each question carefully and answer to the point.

1. Define career. 1
2. "Your grand mother forgot to use oil while making pickles". What ill effect will it have? 1
3. Write two important aspects of maintaining discipline at work place. 1
4. Name a treatment given to light weight silk to enhance consumer appeal. 1
5. Why jaggery is better than sugar? 1
6. "Family gives you initial set of values". What are they? 1
7. What are protein isolates? 1
8. The manufacturer wants to provide a fabric that has uniform width. What type of finish should be given to the fabric? 1
9. Why baking soda should not be used while cooking food? 1
10. Your friend wants to buy a floor-covering for his study room with sound absorbent and good insulator. Suggest a fabric suitable for the same. 1
11. State two activities in which peers have stronger influence in adolescents than parents. 1
12. Differentiate between staples and filaments yarn. 1
13. Write a short note on the "wicking effect" of a fabric. 2
14. If you are asked to look for signs of good health. What will you look for in:
i) Physique ii) Mental health iii) Emotional state iv) Social aspect. 2
15. Why do you think Home Science study is equally important for both boys and girls? 2

16. Give a short note on “Fortification of food”. 2
17. Mention the points to be kept in mind while making an annual time plan to perform your best in board and competitive examinations. 2
18. How can you make a small room look spacious? Give two points to support your answer. 2
19. Sheena is interested in buying a lustrous and cheaper fabric for a special occasion. Suggest a suitable fabric along with the drawbacks that it may have. 2
20. Name the vitamin which helps in the absorption of iron in the intestines. Write other three functions of this vitamin. 2
21. What do you understand by positive and negative change of enzymes on food? Name the method to stop this enzymatic activity. 2
22. What is the importance of decision making in management? 2
23. Rahul is an eight-year-old child. His I.Q. level was recorded below average in I.Q. tests. List four basic needs that should be provided to Rahul to improve his I.Q. level. 2
24. Suggest four ways for conserving electricity. 2
25. Enlist the main objectives of doing exercises. 3
26. Dosa is a nutritious food. What methods are used to enhance its nutritive value? What nutrients are enhanced by these methods? 3
27. You are not able to identify whether the given fabric is wool or silk as both have the smell of hair after burning. What other specific thermal properties help you to identify the fabric? 3
28. Advise your friend who has not been so successful at job about the habits he must inculcate for developing strong work ethics. 3
29. What do you understand by “sanforising” mark on a fabric? Where do you find it? Explain the process. 3
30. Give a brief account of the three domains that develop cognition. 3
31. Define food preservation. Enumerate the advantages of food preservation. 4
32. What are the consequences of over population in India? 4
- 33“‘The home maker must make a conscious effort to find possible ways of doing a task’”. Explain the ways to simplify work in kitchen. 4
34. Briefly discuss the various methods commonly used for chemical spinning. 4